



# Design your Workshop - October 25, 2009

in Pembroke, Sponsored and Organized by Eileen Malette

Yvette Marie-Claire Guy -- Ottawa/Gatineau

The aim of this course is to give you more insight on energy, **your energy** and the items listed below will help Yvette map out a course for you. You get the fun of creating your own workshop. Here are the items that Yvette has prepared and you get to choose 3 items from the list to customize your workshop, based on your knowledge and experience. Written notes will be given with each part including charts to continue your knowledge and practice by yourself or with a partner. The 3 most popular items will definitely be covered, and if time permits ... we'll squeeze in more. This is a taste of some of the knowledge that Yvette has to offer... be and become more \_\_\_\_\_ (you fill in the blank).

1. **Improving your Eyesight** – eye exercises and emotions connected to your eyes and eye position (e.g. Looking down all the time creates depression) – Be aware of what your eyes are doing when you interact with someone.
2. **Emotions how are they stored on your body** - Conscious, Subconscious and Body Level (3 levels) –Behavioral Barometer is included and how to use it – techniques to release your emotions in simple and easy ways. Most of us can't identify the correct emotion to let it go – we avoid – easy way to make your emotions known to you and how to deal and clear them on 3 levels simultaneously.
3. **Improving your house energy** – **create columns of light** to change the energy and support in your environment. Does your house support you financially, emotionally and with love?
4. **Improving your personal energy** and how to adjust your energy with words, proof is demonstrated with the Lecher Antenna. Your energy and how it moves, the energy bodies, where do they go when you aren't looking? That **nagging little voice** what does it mean and where does it come from – what do I do with it – how to clear it and stay connected to your heart.
5. **Changing your life and body with Morphic Field Statements** – what are they and how can they create change in your life with the power and support from the world.



THE BEHAVIORAL BAROMETER	
ACCEPTANCE	ANTAGONISM
WILLING	CONSCIOUS
INTEREST	RESENTMENT
ENTHUSIASM	HOSTILITY
ASSURANCE	FEAR OF LOSS
EQUALITY	GRIEF AND GUILT
ATTENTION	INDIFFERENCE
ONENESS	SEPARATION



**About Yvette:** She has over 25 years of energy work and experience. Being an empath (someone who is extremely sensitive to energy) she attracts people exactly like her in order to help them learn how to handle “energy”. We get over sensitized by all kinds of energy, as a result, we feel de-energized and unhappy and not knowing how to change our experience. Most, (like herself) survived by avoidance. **Workshop cost is \$175.00 at the door. Prepay by Oct. 10, 2009 and save \$25.00**

**Private consultations** are available on the Saturday you can book in blocks of 30 minutes. Private consultations will definitely use the Hadoscan (requires at least 1 hour), and all the energy work, One Brain, Matrix, Yuen, Etheric energy to customize a session just for you. Bring a list of issues.

**For Registration of the course, personal appointments and payments:**

**Please contact Eileen Malette at Custom Draperies**

**1 613 735-0370**

**This workshop will be recorded and participants can buy copies of the CD's for \$25.00 which includes shipping. Non-participating participants \$40.00 plus shipping. There will be other materials that you can purchase at the workshop.**

**Location:** 76 Pembroke Street W., Pembroke, On, K8A 5M6

**Time:** Sunday: 9:30 to 5:30

**Questions contact Yvette at: triheartc@yahoo.com**